



The Unitarian

April 28, 2017

Sunday Worship, April 30 — Youth Group Sunday

Join youth group members as they lead a fun Sunday service, share reflections and say goodbye to our graduating seniors. We're looking forward to being in community with you all!

Prelude: Hummel Trumpet Concerto Movement 1;
Ned Searls, trumpet

Offertory Duet: Ned Searls and Jasper Wolf

The flowers this Sunday are given by Jane Haltiwanger and Kurt Fischer.

- Services at 9 and 11 a.m.; childcare is provided
- Directions and parking information at uubelmont.org
- Sermon archive: uubelmont.org/sermons

Upcoming Services:

- Sunday, May 7: Escalating Inequality
- Sunday, May 14: Coming of Age Sunday
- Sunday, May 21: New Member Sunday
- Sunday, May 21, 4 p.m.: Annual Meeting in the Parish Hall

UU General Assembly: June 21 – 25, New Orleans: Resist and Rejoice!



General Assembly (GA) is the annual meeting of the UUA, where attendees worship, witness, learn, connect, and make policy for the Association. First Church has eight delegate positions

and since this year we will elect the next President of the UUA, it is important to vote. You can also be a delegate and not attend or attend remotely. Registration fees increase after May 1.

This year's theme of GA "Resist and Rejoice!" will awaken and deepen the commitment of Unitarian Universalists to the power and possibility of working in solidarity with those on the margins. Registration and housing information are on the web-site <http://www.uua.org/ga>.

Delegates must be FCB members, and there is the possibility of partial subsidy which can be discussed with Andrea Spencer-Linzie. If you are interested in attending or being a delegate contact Lillian Anderson at landerson@uubelmont.org.

From Andrea Spencer-Linzie, Ministerial Intern

While reading through *The Dalai Lama's Book of Wisdom*, edited by Matthew E. Bunson, I came across a sentence that made me pause. More than once. Well, it's actually a fragment of a sentence. Here it is:

... one must have the inner experience of dissatisfaction with mundane existence...
Hmmm.



How many days have I lived being satisfied with mundane existence? Probably way more than I want to admit. There are probably many days that I wish for the mundane to escape from the hurly burly pace of life and meeting expectations.

Yes, sometimes we may desire mundane. But, I don't think it's good as an everyday existence. Mundane is like a whirlpool that just keeps spinning. I crave much more from life than that.

In ministry, in friendship, in family, in pastoral care, in accidental meetings, in nature, in teaching and learning, in speaking and hearing, I have experienced the extraordinary strength, creativity, intellect, love, caring, spiritual depth, wonder, and power of individuals and communities. They rise above the mundane, they don't settle, they're not satisfied, but rather they live extraordinary lives.

Our time on this planet is relatively short. I don't want to be merely satisfied with the mundane.

Tibetan Buddhism presents a view of self as self-creation. What a gift this can be for each of us: To be dissatisfied with our mundane existence. To claim our power to create extraordinary lives. To become who we are. That indeed is extraordinary.

Extraordinary is not the same thing as grandiosity. Perhaps extraordinary is to have keen senses, to notice what is around you. Whatever mundane circumstance we may be in, I think we can find the extraordinary. In seeking, we may find beauty, or peace, or wonder, or a connection to another person.

Each of us is an extraordinary creation. Live who you want to be. Become the extraordinary person who you are.

And when we recognize that each of us is extraordinary, and when we join together to create extraordinary community, that is when we can change the world.

Proposed Slate Of Candidates To Be Voted Upon At The Annual Meeting Of The First Church In Belmont On May 21, 2017

PARISH BOARD NOMINATIONS

Officers to be elected

- President: Ana Hammock
- Vice President: Marion Westgate
- Treasurer: Penny Schafer
- Clerk: Jody Renouf

At-Large Trustees to be elected

- Michael Griffin (2017-2020)
- Karsten Kueppenbender (2017-2020)
- Hanspeter Pfister (2017-2020)

Continuing At-Large Trustees to be elected

- Jackie James (2015-2018)
- Deveaux Duckworth (2015-2019)
- Eloise McGaw (2016-2019)
- Lauren Corning (2016-2019)

Past President

- Todd Schatzki (2016-2018)

Nominations For The Finance Committee For 2017-2018

Members

- Jonathan Wolf (2014-2018), Chair
- Chris Albano (2016-2019)
- Jeanne Mooney (2017-2020)
- John Howe (2017-2020)

Ex-officio members

- Ana Hammock, Parish Board President
- Penny Schafer, Parish Board Treasurer

Nominations For The Nominating Committee For 2017-2018

- Doug Burden (2015-2018), Chair
- Leslie Kolterman (2015-2018)
- Ed Bing (2016-2019), Co-chair
- Scott Ferson (2016-2019)
- Margaret Eklind (2017-2020)
- Beth Westlund (2017-2020)

Respectfully submitted by the Nominating Committee:
Eva Patalas and Doug Burden, co-chairs. Kate Searle,
Leslie Kolterman, Ed Bing and Scott Ferson

Ushers Needed for Spring Term, through 6/11

Many thanks to everyone who has helped with ushering at First Church. We have had a great response to ushering for this spring term and only have the following slots left to fill:

- 5/21 - 9:00 2 slots
- 5/28 - 9:00 1 slot

- 6/4 - 9:00 1 slot
- 6/11 - 9:00 2 slots

If you might be able to usher at any of these times, it would be greatly appreciated. You can sign up at tinyurl.com/springushers and following the instructions; by emailing me at mthurber@verizon.net; or by signing up on the poster at coffee hour. If you have any questions or comments, please let me know.

Thanks again for all your help.

Opportunity To Lead Summer Worship Services

Summer Lay-Led Services have become an important aspect of our shared ministry. These are important touchstones during the summer months, when travel and vacation separate us as a community. They provide opportunities to gather in less formal ways and smaller numbers to engage in worship led by members and friends of First Church.

Have you ever thought to yourself “This would make a great worship service” or “This aspect of spirituality is rich and intriguing for a lay led theme”? Do you have a personal or professional interest that would enrich us?

The Worship Committee welcomes inquiries about leading a service this summer from June 18- September 3. Committee members will be available for support, resources, and brainstorming themes/ideas for services. Recent themes included Ethical Eating, Buddhist Meditation and Mindfulness in Everyday Live, Tolerating Intolerance, Lughnasadh Ritual Celebrating First Fruits and many others.

If you would like to consider leading a service this summer or partnering with someone else to develop a meaningful experience for fellow parishioners, please contact Ariane Frank at 617-484-2149 or ariane.frank@gmail.com.

Youth Group News

On Sunday, April 2nd the Youth Group wrote and voted to release a statement to support the May 21 vote on responsible investing and divesting from fossil fuels. Interested in reading it? Check it out on the youth programs blog: <http://uubelmont.org/sanas-blog/>

Music Notes, by Ian Garvie

On Sunday, June 4th, at 7:00 p.m., the Music Program will be hosting its first Community Concert! This program will feature many of the church’s talented musicians, both students and adults, in musical styles that range from jazz to classical, from bluegrass to baroque, and everything in between. Donations raised will benefit the Pediatric SPARK (Supporting Parents and Resilient Kids) program at the Boston Medical Center. This program helps Boston’s highest risk children (5 and under) whose lives are affected by

significant medical, emotional and behavioral challenges. If you are interested in participating, please contact me at igarvie@uubelmont.org.

The Music Program is happy to announce that the annual Children's Musical next fall will be Gilbert and Sullivan's epic comedy *The Gondoliers!* All children from Kindergarten through High School are encouraged to participate. Fifth Graders and older will be asked to audition for a solo role, but everyone is guaranteed a part! If you are interested in participating, there is a registration form available on the church website, or you can [click here](#).

Welcome UU Teens from Michigan

This weekend, FCB will be hosting a Coming of Age group from the Birmingham Unitarian Church in Bloomfield Hills, Michigan.

A cherished tradition in their congregation, each year the Bloomfield COA youth make a UU heritage trip to Boston. They will be staying with us April 27 – April 30 and bunking in the Parlor. If you see them in the building, please welcome the 11 eighth-graders and three adults, including program director Kimery Campbell.

Adult Programs News

[The Spring 2017 Adult Programs brochure is online.](#)

[Click here to sign up for Adult Programs e-news.](#)

Call the church office with questions about adult programs: 617-484-1054, ext. 10.

Breast Cancer Wellness Journey — Melanie Deveikas *Wednesday, May 10, 7:30 p.m., Library*

An educational series focusing on life & wellness during and after breast cancer treatment. Each week there will be a wellness education topic for discussion.

There will also be an opportunity for sharing your breast cancer journey and related concerns through and beyond treatment.

Melanie Deveikas, PT, MHA is a physical therapy graduate of the University of Vermont. With 20 years of clinical experience, in 2011, Melanie was treated for breast cancer and upon completion of treatment, developed a strong interest in women's health, nutrition and spiritual healing. Having both personal and professional experience with and treating breast cancer, Melanie recognizes the importance of balance and whole body wellness.

For more information or to sign up please contact Melanie at mdeveikas@uubelmont.org.

Divestment Panel Discussion — FCBGreen *Sunday, April 30, 12:30 p.m., Parish Hall*

In 2014 the UUA General Assembly voted overwhelming to divest from fossil fuels. At annual meeting we will be asked to vote on whether or not FCB should pursue

divestment. To learn more about WHY or WHY NOT divestment makes sense for our congregation, a panel discussion is planned for April 30th 12:30-2 p.m. in the Parish Hall.

This discussion will be recorded and made available on a website for those unable to attend.

Fiber Arts Fellowship — Eva Patalas *Meets every 1st and 3rd Thursday, May 4, 8 p.m.,* *Location TBD*

Enjoy the fun and fellowship of crafting with a genial group. If you knit, crochet, quilt, bead or dabble in other low-mess crafts, please come join us. Projects could include creating items for non-profit organizations such as Caps for Kids, making small gifts for the Holiday Fair or working on personal projects. Everyone is welcome and no commitment is necessary. Contact epatalas@uubelmont.org with any questions.

Caring for Older Adults — Deborah Blumberg and Miriam Baker *Thursday, May 4, 7:30 p.m., Conference Room*

Many people are juggling jobs, families and their parents' or other family members' increasing medical needs, frequent emergencies and ongoing need for care. How do we cope with the needs of our loved ones and find some balance in our own lives? What do we need to learn as we take on this task? How do we find information and community? If you find yourself in this position, you are welcome at this group for discussion and support. This is a drop-in group so please attend when it is convenient for you.

Renaissance Worlds — Toby Lester *Sunday, May 7, 12:30 p.m., Parish Hall*

In his two books, Toby Lester has told the story of important Renaissance images and brought to life the worlds they contain. In *The Fourth Part of the World*, the image is the world map of 1507. In *DaVinci's Ghost*, the image is Leonardo's famous drawing of a man standing inside a circle and a square—the so-called Vitruvian Man. Both images are the culmination of long traditions of thought and belief and investigation, which Toby will explore in this talk. Discussion and refreshments.

Belmont UU Alliance Lunch & Program — All Women & Men Welcome *Wednesday, May 17; 12 noon Lunch in the Upper Hall;* *1 p.m. Program*

All women and men are invited to welcome Spring with a social gathering, including a pot-luck lunch, for our closing meeting of the year. Please let us know whether you will bring: a salad, main dish or dessert when you RSVP.

After the meal, we will gather in small groups to become better acquainted with each other. Please bring a photo or object meaningful to your life, to share with

the group as we get to know each other. R.s.v.p. to jzazinski@uubelmont.org, or call 617-484-1054 (ext. 10) to let us know you are coming and what you will bring.

Facing Illness Together — Kathy Lind

Thursday, May 18, 7 p.m., Tinkham Room

We welcome you to join our ongoing group as we explore ways to live bravely while facing health challenges – either of our own, or of loved ones for whom we act as caregivers. Our group provides a safe place for us to talk about our concerns and our ideas for moving forward. We share strategies for setting goals and living positively with the medical issues in front of us. By nurturing our connections, we comfort and support each other. Through compassionate listening, we help one another understand his or her own challenges.

Science and Spirituality — Ken and Nicole Bernstein

Thursday, May 18, 7:30 p.m., Conference Room

Stuart Carter will lead a discussion on a reading from the book *The Meaning of Human Experience* by Harvard Professor Edward O. Wilson, Pulitzer Prize-winning author of numerous publications on science and the humanities. Professor Wilson lays out his science-based alternative to what he terms the “creation myths” of major western religions. A selection from this book is available at the website eftaylor.com/sands

The New World of Genome Editing — Alan Cantor

Sunday, May 21, 12:30 p.m., Parish Hall

Alan will take us through the clinical promise and ethical considerations in this new field. Examples of how gene editing are currently being applied to treat human disease and an understanding of the basic information about genetics will be provided so that we can discuss the implications of this new technology.

Social Action News

[Click here](#) to sign up for the Social Action e-newsletter.

Mothers’ Day Walk for Peace, May 14

Please join a group from Belmont that will be walking in the 21st Annual Mother’s Day Walk for Peace on Sunday, May 14 to support the work of the Louis D. Brown Peace Institute. To register for the 6.8-mile walk, from Fields Corner to City Hall, please go to www.mothersdaywalk4peace.org and sign up as an individual or as part of the “Team Belmont” group. Ask your friends and family to sponsor you.

Donations can be made on-line or by checks payable to LDB Peace Institute, mailed to 15 Christopher Street, Dorchester, MA 02122. Belmont walkers will meet at the Alewife T station, in front of the entrance to Bertucci’s, at 7 a.m. to take the T to Fields Corner.

For more information or questions about walking with the Belmont group, contact Priscilla Cobb at prilcobb@gmail.com.

The Peace Institute, founded in 1994 after the murder of 15-year-old Louis D. Brown, is a non-profit organization dedicated to educating young people and the community about the value of peace and assisting survivors of homicide victims with immediate crisis management services and ongoing support to continue to make Louis’ vision a reality. It was co-founded by Louis’ mother, Chaplain Tina Chery. For more information: ldbpeaceinstitute.org.

First Church Resettle Together

The First Church Resettle Together project continues to provide volunteer opportunities for our First community to welcome refugees to the Boston area. For more information contact sjames@uubelmont.org.

Grow Clinic!

Thanks for your contributions of vitamins to help nourish the medically fragile infants and toddlers at the Grow Clinic. Flintstone Chewables. Polysol with Iron Liquid Vitamins. What generosity of spirit and pocketbook! Thanks very, very much!



Pick up a food list for shopping or bring an April Special Request: Vitamins

Food: One of the Most Important Medicines

Belmont Food Pantry

First Church members staff the opening of the Belmont Food Pantry on the second Tuesday of every month. Volunteers work for about 90 minutes, from 5 - 6:30 p.m. Sign up online: tinyurl.com/belmontfoodpantry. Questions to foodpantry@uubelmont.org.

The Unitarian Universalist Urban Ministry

In September 2017, the U.U. Urban Ministry will launch Believe in Success, an exciting new job-readiness training program for survivors of domestic violence. The U.U.U.M invites us all to partner with them in our joint new initiative. Needed are volunteers who want to mentor, teach, career coach, garden, lead yoga and wellness groups, and provide childcare. Requirements are: attending two training workshops (May 9 or May 13 and fall TBA) and a commitment to volunteer on a regular basis..

For more information, contact Rev. Susan Chorley at schorley@uum.org or fill out a volunteer form at www.uuum.org/volunteer.

[The complete events calendar is online.](#)

Community News

Share your “Belmont story” in an oral history project

The Belmont Story Project, our local, oral-history recording project, is seeking participants. If you have a Belmont connection and a story, they would like to hear from you. Story topics are decided on by participants, but can include things like, one’s work life, growing up here in Belmont, family lore, a touching memory, or a funny story — whatever seems most relevant to you.

For more information contact Nancy McColm nmccolm@minlib.net, or 617-993-2870. You can also find out more on the library’s website belmontpubliclibrary.net/about/belmont-story-project.

Picadilly Farm to offer a discount to FCB community on CSA shares

Announcing a new option for summer veggie lovers: CSA produce boxes delivered to First Church on Thursdays, from Picadilly Farm! For \$735 paid in advance, reserve 23 deliveries, June through mid November. Each pre-boxed share contains nine to twelve different items, and comes in a ¾ bushel reusable waxed box. The entire share is grown on Jenny and Bruce Wooster’s (brother to parishioner Jim Wooster!) family farm, and is certified organic. To learn more and then sign up, visit www.picadillyfarm.com.

If you sign up by May 15, type SPRING into the coupon field to receive \$20 discount. Shareholders support every aspect of operating our farm — from paying a living wage, to caring for the soil with the long view in mind, to growing our food with organic and other best practices. Since 2006, we thank you!

Caring Connection

The Caring Connection provides support to members of our community who need short-term help. Please let us know if you or someone you know would benefit from our support. Contact Laurie Graham at caring@uubelmont.org or Janice at the Church, 617-484-1054, ext. 10.

Lay Pastoral Care

The Lay Pastoral Care Team works with and supports the senior minister in reaching out to members and friends of the First Church who are adjusting to change, loss, illness or death. We share in moments of celebration and happiness. We reach out to those who are unable to get out and who would like a visit. [Please contact us through the Web site](#) or the church office if we might be of help or comfort.

Connect with UU actions, events & resources

- Unitarian Universalist Association, uua.org
- UU Mass Action, uumassaction.org
- UU Service Committee, uusc.org
- UU United Nations Office, uua.org/international/un
- UU Urban Ministry, uum.org

Next issue: Friday, May 5

The next issue of *The Unitarian* is Friday, May 5. Please e-mail items to office@uubelmont.org by noon on Wednesday, May 3. Items may be edited for space and clarity.

Church Staff

Senior Minister David Bryce is on sabbatical through June 2017; [click here for information](#).
Ministerial Intern.....Andrea Spencer-Linzie
617-484-1054, ext. 15; aspencer-linzie@uubelmont.org
Minister Emeritus Rev. Dr. Victor Carpenter
617-676-6186; vcarpenter@uubelmont.org
Minister of Music Emerita.....Rev. Alfa Joy Radford
alfajoy@comcast.net
Director of Music Ian Garvie
617-484-1054, ext. 13; igarvie@uubelmont.org
Organist & Assistant Music Director..... Simon Andrews
617-484-1054, ext. 13; sandrews@uubelmont.org
Acting Director of CRENate Sellers
617-484-1054, ext. 12; nsellers@uubelmont.org
Director of Youth Programs.....Sana Saeed
617-484-1054, ext. 11; ssaeed@uubelmont.org
Adult Programs Advisor..... Lillian Anderson
617-484-1054, ext. 14; landerson@uubelmont.org
Membership Coordinator..... Jim Staton
617-484-1054, ext. 14; jstaton@uubelmont.org
Church AdministratorJanice Zazinski
617-484-1054, ext. 10; jzazinski@uubelmont.org
Sexton.....Luis Carrion
617-484-1054

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617-484-1054 | office@uubelmont.org
Street: 404 Concord Ave., Belmont
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[A list of all church committees & groups is online.](#)

Parish Board, 2016 – 2017

President.....Ana Hammock; ahammock@uubelmont.org
Vice PresidentCatherine Claypoole;
cclaypoole@uubelmont.org
Treasurer Penny Schafer; pschafer@uubelmont.org
Clerk..... Downing Cless; dcless@uubelmont.org
Ex-Officio President Todd Schatzki; tschatzki@uubelmont.org

Trustees

Lauren Corning Eloise McGaw
Deveaux Duckworth Sara Oaklander
Peter Guthrie Marion Westgate
Jackie James

Parish Board minutes are online and posted on the Upper Hall bulletin board.

Easy ways to support & stay in touch with FCB



When you shop at [AmazonSmile](#), First Church in Belmont receives 0.5% of the purchase price.



Our Facebook page is regularly updated with news, events & programs.

facebook.com/uubelmont



[Second Friday Coffeehouse is on Facebook!](#) Like the page, check out upcoming shows and “share” great music for great causes with your friends!